Delia serves one more round, to the 4th generation of Quay

By Tyler Schuling

KNOX - Delia "Barney" Palombo sat in the Township Tavern in Knox last Thursday, remembering when she and her husband ran the restaurant that has been a longtime fixture in the community.

Though she no longer works at the tavern, Palombo stepped behind the bar and served drinks to Renée Quay, who turned 21 this month, and Quay's cousin, Luke Oliver. The cousins are the fourth generations in their families Palombo Their greathas served. grandfather, Walt Quay, was the first.

"I can remember — this was during '56, '57, '58 — things were hard," Palombo said. She remembered selling bowls of soup for 25 cents and hamburgers and Italian sausage sandwiches, made from pork busts, for 35 cents.

Palombo and her husband, Harry, ran the bar and restaurant in Knox for decades. Harry Palombo died in 1981. Delia Palombo continued running the bar and restaurant for another five or six years.

Palombo, 85, now lives next door to the tavern with her two dogs, two cats, and a cockatoo. She spends her time, she said, doing puzzles and cryptograms. She attends St. Bernadette's Church in Berne.

She has macular degeneration, which affects her vision, and arthritis and no longer drives a car. She uses a magnifying glass, she said, but still does her job as Knox's receiver of taxes really well. She walks over to the tavern, she said, every now and then to see the kids."

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She misses her family and friends.. "It just kills me," she said.

Before serving Quay and Oliver, Palombo sat at the dimlylit bar, sipping from a soda and telling tales - of the tavern having once been a way station and a hotel; of her and her husband serving sausage sandwiches, soda, and lots of draft and bottled beer; and of the tavern, with its wood stove and dartboards, being used as a haven for locals during a winter storm in the 1950s, when the Hilltowns saw uncanny amounts of snow. Snowcats, Palombo said, had to be brought in from Whiteface Mountain in the Adirondacks.

She told of her brother, Francis Barnish, who had served in the Navy and had been on the USS Hornet when it sank. She also told of the Plankroaders, a social club made up of locals that formed after the town's sesquicentennial and dissolved just over five years ago, She and her husband donated land to the

group, and the late Robert. Whipple donated wood, she said. Though the group was only supposed to have 10 members, it saw 40 people on its first night, Palombo said.

Palombo also recalled families and neighbors she served and. celebrated with. Each year, she and her husband held a New Year's Eve party, and, on Feb. 19, she held another party, celebrating both her wedding anniversary and the birthday of Henry Quay, whose birthday fell on the same day as her anniversarv.

"All my memories up here are good," Palombo said. "They're all happy memories, which is nice."

She said of her customers, "They respected Harry and I, and I think that's why we never had any problems. Everybody was real nice,"

In recent years, the bar and restaurant has changed ownership and gone by different names - most recently it has been Lucky's Tavern and The Hilltop Bistro.

Before opening the tavern last summer, its new owner, Paul Centi, had asked Palombo if he could name his bar the Township Tavern.

and me very, very happy," she told Centi.

The Enterprise - Tyler Schuling

"All my memories up here are good," Delia "Barney" Palombo said last week before serving drinks at The Township Tavern in Knox. Palombo, the town's longtime receiver of taxes, once owned the bar and restaurant with her late husband and now lives next door to the tavern with her dogs, cats, and a cockatoo.







Heavy snowfall: This photograph was taken 50 years ago, on

Feb. 15, 1958, near Chet Quay's home on Township Road in Knox.

Delia Palombo recalled how people came to her tavern during a

storm in the 1950s.



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Rite of passage: Delia "Barney" Palombo serves Renée Quay, who turned 21 this month, and Luke Oliver drinks last Thursday at The Township Tavern in Knox. Quay and Oliver are cousins from families she has served for four generations. Palombo and her late husband, Harry, owned the bar and restaurant for many years until the 1980s.

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